

## Changeovers



Make sure that changeovers are child friendly



The atmosphere at changeovers needs to be calm and pleasant



Conversations should only be for the benefit of the children (no adult topics, no coparenting business)



If you cannot be calm and friendly in each other's presence make other arrangements



Be organised! Develop a solid routine for transporting their possessions from one house to another



Be practical and reasonable when it comes to which possessions travel with them and which items remain in their two homes



Children may have special items they don't want to be separated from



Sometimes an essential item will be forgotten. Stay calm and find a solution



Show support for their transition to their other parent's home



Create a routine for changeovers that is practical and peaceful