

Parenting Mission Statement

The Parenting Mission Statement is all about the big goals that you have for your children and your role in their lives. You can include things such as: my children's health and happiness, a good education, strong self confidence.

This is an exercise that both parents can do and share with each other.

My commitment to (child's name) is to provide the love and care that will result in their:

If you consider the effects of conflict on children, look at the list that you have composed and consider to what extent the presence of ongoing conflict will have on your capacity to achieve those commitments.

My thoughts about the effect of conflict on my commitment:
